

What pupils have said about the benefits of working with the pastoral support team

**"It helped me to be happy and brave"
Year 1 pupil**

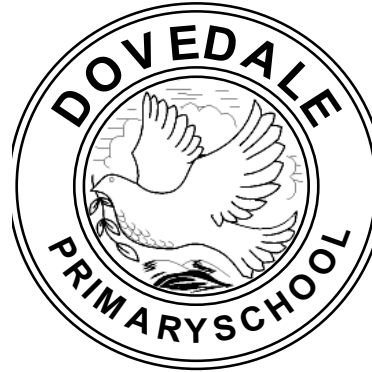
"I'm in control of my confidence and happiness, that makes me feel strong." - Year 4 pupil

I enjoyed being able to share and talk about my feelings" Year 2 pupil



Dovedale Primary School is committed to safeguarding .
We have a duty to safeguard and promote the welfare of children.
If we have any concerns that a child may be suffering harm, we have no choice but to refer to Social Services where appropriate.

The Safeguarding Officer in school is
Mr Nik Smith

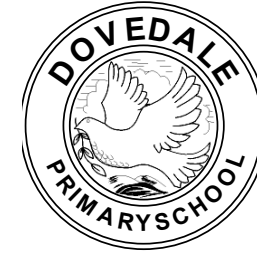


Dovedale Primary School

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Liverpool L18 1JX
School Office: 0151 733 4232

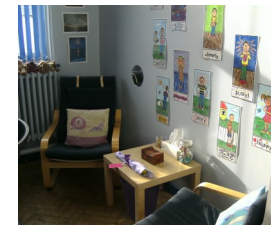
To contact a member of staff from the Pastoral Team or to request a referral form you can call us on the school telephone number above or email us at pastoral@dovedaleprimary.co.uk

DOVEDALE PRIMARY SCHOOL



Pastoral Support

A guide for parents & carers



What support does the Pastoral Team offer ?

Who is in the pastoral team?

Michelle Fox—Pastoral Support Lead

Sue Keogh—Pastoral Support Assistant

Dawn Murphy—Pastoral Support Assistant

What is the main role of the Pastoral Team ?

To offer support to children and families to support positive mental health and wellbeing

How is a child referred?

Any member of staff can refer to the team, a parent/ carer or the child themselves by speaking with an adult in school or at home. If a member of staff refers they complete a referral form and email over to the team after speaking with the parents, if a parent/ carer would like to refer they can contact the team directly at school or speak with their child's teacher. A referral form can then be sent home to be completed and returned or the form can be completed over the telephone by the team with the parent. We will always gain parent/carer permission prior to supporting a child when they are referred to us.

Reasons for referral

- Confidence/ Self esteem
- Anxiety/ Worries
- Bereavement/ Trauma
- Family issues
- Friendship issues/ Social Interactions
- Transition support
- Emotional development
- Eating issues/ Self image
- Attendance/ Punctuality

How does the Pastoral Support Team support a child?

One to One support

At the first meeting we discuss with the child what the issues are and complete a pre self assessment form and discuss together on how we can support them and what needs to change for the child

We will then update parents/carers and teachers on the support for the child. We aim to meet with the child weekly and a session lasts approx 30/ 45 minutes, we review the support around the 6 week mark with parents/ carers, teachers and the child themselves, we will then decide to continue with the support and review again after week 10, end support or decide if support is needed from an external service

Children are encouraged to share with their class teacher and parents/carers what they are working on or what they have done/ talked about in session

Work shops/ Group Interventions

We also deliver workshops/interventions for small groups of children. They include:-

- Confidence Workshops
- Socially Speaking/ Friendship development interventions
- Transition workshops
- REACT anxiety workshops



Some external services we work alongside -

- Seedlings/ YPAS
- Play Therapists
- MHST
- MYA
- CAMHS
- Specialist Bereavement services

How can the PST support parents/ carers?

As well as parents being able to refer their child to the team for support, we can also support parents in directing them to services for their own support, this may be for their own personal support, courses or support in helping support their child or gaining advice. When supporting the children we can offer strategies to try at home or advise on

