


# Lunch Menu - Week 1

WEEK 1	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef choice	Leek and potato	Red pepper soup	Tomato and basil	Chef choice
HOT MAINS	Tomato and basil pasta (V)	Wholemeal spaghetti Bolognese	Chicken dhansak curry served with rice and naan bread	Ham Roast Dinner with Roasted New Potatoes and Cauliflower Cheese	Fish Fingers with Chips and Garden Peas
	vegetable biryani served with a curry sauce (Ve)	Vegetarian wholemeal spaghetti Bolognese (V)	Vegetable curry served with rice and naan bread (Ve)	Vegetarian Roast Dinner with Roasted New Potatoes and Cauliflower Cheese (V)	Cheese toastie with soup (V)
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	Scones with jam and cream (V)	Fresh fruit, raisins, cheese and crackers and yoghurt	Oat cookies (V)


**Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt**

Please speak to a member of staff about dietary requirements.

All menus are checked by a nutritionist and adhere to School Food Standards.

(V) Vegetarian  
(Vg) Vegan  
 Oily fish


# Lunch Menu - Week 2

WEEK 2	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef choice	Tomato and basil	Broccoli and cheddar	pea and spinach	chinese sweetcorn
HOT MAINS	Wholemeal pizza and wedges (v)	chicken fajita wraps served with onions, peppers and tomatoes	Spaghetti and meatballs	Tuna melt toasties with corn on the cob	Fish Fingers with Chips and Garden Peas
	Cheesy bean pasta bake (v)	halloumi fajita wraps served with onions, peppers and tomatoes (v)	Vegetarian spaghetti and meatballs (v)	Cheese and onion plate pie (v)	Vegetarian sausage hot dogs served with wedges (v)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	Ginger biscuits (v)	Fresh fruit, raisins, cheese and crackers and yoghurt	'chocolate' cookies (v)


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# Lunch Menu - Week 3

WEEK 3	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Lentil	Pea	Red pepper	chef choice	chef choice
HOT MAINS	Macaroni and cheese (V)	Meatball sub served with tortilla chips	All day breakfast served with brown bread	Chicken roast dinner with seasonal vegetables & roast new potatoes	Fish Fingers with Chips and Garden Peas
	Vegetable curry served with rice and naan bread (Ve)	Vegetarian meatball sub served with tortilla chips (V)	Vegetarian all day breakfast served with brown bread (V)	quorn roast dinner with seasonal vegetables and roast new potatoes (V)	Cheese toastie with soup (V)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	sponge cake and cream (V)	Fresh fruit, raisins, cheese and crackers and yoghurt	ginger biscuits (V)


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# Lunch Menu - Week 4

	 <b>Planet Friendly MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	carrot and coriander	broccoli and cheddar	chef choice	pea	chinese sweetcorn
<b>HOT MAINS</b>	Vegan ravioli served with a homemade tomato sauce and crusty bread <small>(Ve)</small>	Sausage and mash served with gravy and peas	Chef Daniels beef and bean quesadilla	Spanish chicken served with brown rice and green beans	Fish Fingers with Chips and Garden Peas
	Asian noodles <small>(V)</small>	Vegetarian sausage and mash served with gravy and peas <small>(V)</small>	Chef Daniels quorn and bean quesadilla <small>(V)</small>	Tomato and basil pasta <small>(V)</small>	Vegetarian sausage hot dogs <small>(V)</small>
<b>CHEF SPECIAL</b>	Ask Chef about todays special!				
<b>DESSERT</b>	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	Angies cookies <small>(V)</small>	Fresh fruit, raisins, cheese and crackers and yoghurt	Iced sponge cake with custard <small>(V)</small>










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# Lunch Menu - Week 5

	 <b>Planet Friendly MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>SOUP</b>	chef choice	leek and potato	tomato and basil	chinese sweetcorn	carrot and coriander
<b>HOT MAINS</b>	Vegetarian toad in the hole 	Jewel's chicken karahi served with rice	chicken goujon wrap served with wedges	Chilli con carne served with brown rice	Fish Fingers with Chips and Garden Peas
	pesto pasta 	Vegetarian chicken karahi served with rice 	veggie finger wrap served with wedges 	Vegetarian chilli con carne 	Cheese toastie with soup 
<b>CHEF SPECIAL</b>	Ask Chef about todays special!				
<b>DESSERT</b>	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	shortbread biscuits 	Fresh fruit, raisins, cheese and crackers and yoghurt	syrup cornflake cakes 


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# Lunch Menu - Week 6

	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	tomato and basil	chef choice	pea	roasted pepper	Chinese sweetcorn
HOT MAINS	Meat free burritos (v)	Chinese chicken curry served with brown rice	All day English breakfast served with brown bread	Chilli beef tacos	Fish Fingers with Chips and Garden Peas
	macaroni cheese (v)	vegetable and rice enchiladas (v)	Asian noodles (v)	Vegetable chilli beef tacos (v)	Vegetarian sausage hot dogs (v)
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt	Fresh fruit, raisins, cheese and crackers and yoghurt	Apple flapjacks (v)	Fresh fruit, raisins, cheese and crackers and yoghurt	Ma'amoul Cookies (v)

**Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt**

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